

# Laurel Brody – Patient Information

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_ M.I. \_\_\_\_\_

PO BOX/STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_

BIRTH DATE \_\_\_\_\_ SEX \_\_\_\_\_ ARE YOU A SENIOR CITIZEN? Yes No

(If yes, you may be eligible for our senior discount)

EMAIL ADDRESS \_\_\_\_\_

EMPLOYER \_\_\_\_\_ WORK PHONE \_\_\_\_\_

EMPLOYER ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

**Charges are due and payable at the time service is rendered.**

EMERGENCY CONTACT PERSON \_\_\_\_\_ PH# \_\_\_\_\_

REFERRED BY \_\_\_\_\_

DO WE HAVE YOUR PERMISSION TO THANK YOUR REFERRER? Yes \_\_\_\_\_ No \_\_\_\_\_

PATIENT/CLIENT'S SIGNATURE \_\_\_\_\_

(DO NOT WRITE BELOW THIS LINE)

.....

### FOR OFFICE USE ONLY

EMP-REL \_\_\_\_\_ ACC-REL \_\_\_\_\_ AUTO? \_\_\_\_\_ (YES OR NO) NEITHER \_\_\_\_\_ (CHECK ONE)

INJ (A) \_\_\_\_\_ ILNS (I) \_\_\_\_\_ (CHECK ONE) FINANCIAL AGREEMENT SIGNED \_\_\_\_\_

D/O/ONSET \_\_\_\_\_ (DATE OR GRADUAL)

D/O/1<sup>ST</sup> CONSULTATION \_\_\_\_\_

DIAG. CODE #S (LIMIT TO 4) \_\_\_\_\_

CASH PAYING? (YES OR NO)

CHART # \_\_\_\_\_

# *Laurel Brody – Patient Information*

## **PATIENT INFORMATION**

What, if anything, would you like us to know about your family, who you live with, primary relationships, children? \_\_\_\_\_

Please list any major physical or emotional traumas you've had to deal with in your life.  
\_\_\_\_\_  
\_\_\_\_\_

## **HEALTH MATTERS**

What is your chief concern? \_\_\_\_\_

When did you first have symptoms? \_\_\_\_\_

What aggravates your condition? \_\_\_\_\_

What relieves it? \_\_\_\_\_

Are there other health issues you would like to discuss or work on? \_\_\_\_\_

Who else is currently involved in your health care? (Doctors, therapists, bodyworkers, etc.)  
\_\_\_\_\_  
\_\_\_\_\_

## **MEDICAL HISTORY**

List any known or suspected food allergies: \_\_\_\_\_

List any other allergies (medical, environmental): \_\_\_\_\_  
\_\_\_\_\_

## **PAST INJURIES**

Auto Accidents: \_\_\_\_\_

Broken Bones: \_\_\_\_\_

Sprains/Strains: \_\_\_\_\_

Dislocations: \_\_\_\_\_

Head Injuries & Concussions: \_\_\_\_\_

## **PAST SURGERIES**

List type and year of surgeries: \_\_\_\_\_

Have you ever been advised to have surgery which was not done? \_\_\_\_\_

Have you ever been hospitalized for anything other than surgery? \_\_\_\_\_  
\_\_\_\_\_

## **PAST MEDICATIONS**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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Indicate any past conditions with a “P” and any current conditions with a “C”.

## WATER ELEMENT

- Hearing loss
- Ringing in the ears
- Sinus congestion
- Dizziness
- Asthmatic coughing
- Poor memory
- Darkness under the eye
- Loose teeth
- Tired spirit
- Hair thinning or loss
- Pre-mature aging
- Low back pain
- Frequent urination
- Kidney stones
- Weak knees/legs
- Reduced sexual energy
- Night sweats
- Perspire very easily
- Rapid weight change
- Thyroid problems
- Diabetes
- Edema/esp. lower body
- Burning dark urine

## WOOD ELEMENT

- Headaches
- Migraines
- Ringing in the ears
- Poor eyesight
- Eye infections
- Dry eyes
- Red eyes
- Eczema
- Ulcer
- Dry throat
- Shingles
- Tight feeling in chest
- Herpes simplex
- Warts
- Nervousness
- Convulsions/Spasms
- Irritability
- Anger easily
- Constipation
- Hemorrhoids
- Hepatitis
- Gallstones
- Problems making decisions

- Shoulder/neck tension
- Insomnia 11pm-3am
- Bitter taste in mouth

## FIRE ELEMENT

- General insomnia
- Dry scalp
- Dream disturbed sleep
- Mental restlessness
- Flushed cheeks
- Low grade fever
- Forgetfulness
- Skin eruptions/rashes
- Cysts/tumors
- Ear infections
- Sore throat
- Lymphatic swelling
- Hot palms and soles
- Heart palpitations
- Gum problems
- Nose bleeds
- Facial redness
- Itching/burning skin
- Thirsty
- Dark urine
- Night sweats

## EARTH ELEMENT

- Indigestion
- Flatulence
- Food allergies
- Stomach aches
- Limbs feel heavy
- Diarrhea
- Undigested food in stool
- Abdominal bloating
- Nausea
- Anemia
- Bad breath
- Sores in the mouth
- Heartburn
- Strong appetite
- Weak appetite
- Vomiting

## METAL ELEMENT

- Bronchitis
- Asthma
- Shallow breathing

- Cough
- Sinus infections
- Nasal infections
- Fatigue
- Painful joints
- Sciatica
- Tendonitis
- Bursitis
- Craving hot drinks
- Craving cold drinks

## WOMEN ONLY

- Vaginal infection
- Yeast infection
- Urinary tract infection
- Ovarian cyst
- Genital herpes
- Pelvic inflame.disease
- Breast lumps
- Irregular periods
- Menstrual cramping
- Bright red menst. blood
- Dark red menst. blood
- Excessive bleeding
- Scanty bleeding
- PMS
- Infertility
- Genital burning
- Positive PAP
- Anal fissures
- HPV (genital warts)
- # of Pregnancies
- Deliveries
- Abortions
- Cesareans
- Miscarraige

## MEN ONLY

- Prostatitis
- Nocturnal emission
- Burning urination
- Premature ejaculation
- Urinary incontinence
- Impotence
- Low sperm count
- Venereal disease
- Genital herpes
- Anal fissures
- HPV (genital warts)

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## LIFESTYLE FACTORS

Note the degree to which these figure into your life.

| 0 – Rarely/Never             | 1 – Occasionally        | 2 – Frequently           | 3 – Daily |
|------------------------------|-------------------------|--------------------------|-----------|
| _____ Meditation             | _____ Compulsive Eating | _____ Drugs/Painkillers  |           |
| _____ Exercise               | _____ Red Meat          | _____ Aspirin            |           |
| _____ Sleep Disturbances     | _____ Pork              | _____ Diuretic           |           |
| _____ Stress – Financial     | _____ Fowl              | _____ Tranquilizers      |           |
| _____ Stress – Home          | _____ Fish              | _____ Sedatives          |           |
| _____ Stress – Health        | _____ Vegetables        | _____ Anti-depressants   |           |
| _____ Stress – Relationships | _____ Fruit             | _____ Cortisone/steroids |           |
| _____ Stress – Job/School    | _____ Whole Grain       | _____ Antibiotics        |           |
| _____ Drugs – Pain Killers   | _____ Soy/Tofu          | _____ Sulfa Drugs        |           |
| _____ Tobacco                | _____ Dairy             | _____ Other              |           |
| _____ Coffee                 | _____ Hydrogenated Oil  |                          |           |
| _____ Tea                    | _____ Butter            |                          |           |
| _____ Chocolate              | _____ Sugar             |                          |           |
| _____ Soda Pop               | _____ Water             |                          |           |
| _____ Alcohol                |                         |                          |           |

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## FAMILY/PERSONAL HISTORY

Circle if your mother or father have had any of these:

Cancer    Heart Disease    Stroke    TB    Epilepsy    Diabetes    Ulcers    Glaucoma  
Alcoholism    Drug Addiction    Mental Disorder    Arthritis    High Blood Pressure

Circle if you have had any of the following:

Cancer    Heart Disease    Stroke    TB    Epilepsy    Diabetes    Ulcers    Glaucoma  
Alcoholism    Drug Addiction    Mental Disorder    Arthritis    High Blood Pressure  
Pneumonia    Anemia    Bladder Infection    Venereal Disease    Gallbladder Disease  
Candida    Yeast Infection    AIDS    HIV Positive    Environmental Illness    Hay Fever  
Asthma    PMS    Migraine Headaches    Eczema    Fibrocystic Breasts    Insomnia  
Hepatitis A B or C    Allergies    Fibroids    Endometriosis

## FINANCIAL AGREEMENT

We would like to take a moment to welcome you to our clinic and assure you that you will be receiving the very best care available. In order to familiarize you with the financial policies of this office, we would like to explain how your health care bills will be handled.

It is our policy to maintain your account on a current basis. Charges for treatment and supplies are due at the time they are provided.

If you have health insurance coverage, we will provide you with "Super Bills" (receipts) to submit to your insurance company. Based on the terms of your policy, you will be reimbursed directly by your insurance carrier for your treatments at the clinic.

**We ask that you give us at least 24 hours notice when you wish to cancel or reschedule an appointment, as this allows us to schedule someone else for that time. Due to the fact that we set aside a significant amount of time and effort for your appointment, our policy is as follows:**

- 1) **To provide a warning if an appointment is canceled with less than 24 hours notice or is missed entirely; and**
- 2) **If it should happen a second time, you will be charged 100% of your last appointment fee.**

We adhere to this policy because we wish to be able to see everyone who needs our care. We recognize that on rare occasions emergencies may occur in which it is impossible to give the required notice. In these cases, please notify the office as soon as possible and we will be as fair as possible in applying our policy.

Once again, we'd like to welcome you to our office. If you have any questions at any time, please feel free to ask us.

Your signature below confirms that you have read and agreed to the above terms.

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Signature

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Date

## **NOTICE OF PRIVACY PRACTICES**

Harmony Healing Center

Laurel A. Brody, L.Ac.

9051 #D Mill Station Road Sebastopol, CA 95472 707-829-3658

***THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.***

This notice takes effect on: **April 15, 2003** and remains in effect until we replace it.

### **1. OUR PLEDGE REGARDING MEDICAL INFORMATION**

The privacy of your medical information is important to us. We understand that your medical information is personal and we are committed to protecting it. We create a record of the care and services you receive at our clinic. We need this record to provide you with quality care and to comply with certain legal requirements. This notice will tell you about the ways we may use and share medical information about you. We also describe your rights and certain duties we have regarding the use and disclosure of medical information.

### **2. OUR LEGAL DUTY**

#### ***Law Requires Us to:***

1. Keep your medical information private.
2. Give you this notice describing our legal duties, privacy practices, and your rights regarding your medical information.
3. Follow the terms of the notice that is now in effect.

#### ***We Have the Right to:***

1. Change our privacy practices and the terms of this notice at any time, provided that the changes are permitted by law.
2. Make the changes in our privacy practices and the new terms of our notice effective for all medical information that we keep, including information previously created or received before the changes.

#### ***Notice of Change to Privacy Practices:***

1. Before we make an important change in our privacy practices, we will change this notice and make the new notice available upon request.

### **3. USE AND DISCLOSURE OF YOUR MEDICAL INFORMATION**

The following section describes different ways that we use and disclose medical information. Not every use or disclosure will be listed. However, we have listed all of the different ways we are permitted to use and disclose medical information. We will not use or disclose your medical information for any purpose not listed below without your specific written authorization. Any specific written authorization you provide may be revoked at any time by writing to us.

**FOR TREATMENT:** We may use medical information about you to provide you with medical treatment or services. We may disclose medical information about you to doctors, nurses, technicians, medical students, or other people who are taking care of you. We also may share medical information about you to your other health care providers to assist them in treating you.

**FOR PAYMENT:** We may use and disclose your medical information for payment purposes.

**FOR HEALTH CARE OPERATIONS:** We may use and disclose your medical information for our health care operations. This might include measuring and improving quality, evaluating the performance of employees, conducting training programs, and getting the accreditation, certificates, licenses and credentials we need to serve you.

**ADDITIONAL USES AND DISCLOSURES:** In addition to using and disclosing your medical information for treatment, payment, and health care operations, we may use and disclose your medical information for the following purposes:

## **NOTICE OF PRIVACY PRACTICES**

**Victims of Abuse, Neglect, or Domestic Violence:** We may disclose medical information to appropriate authorities if we reasonably believe that you are a possible victim of abuse, neglect, or domestic violence or the possible victim of other crimes. We may share your medical information if it is necessary to prevent a serious threat to your health or safety or the health or safety of others. We may share medical information when necessary to help law enforcement officials capture a person who has admitted to being part of a crime or has escaped from legal custody.

**Workers Compensation:** We may disclose health information when authorized and necessary to comply with laws relating to workers compensation or other similar programs.

**Health Oversight Activities:** We may disclose medical information to an agency providing health oversight for oversight activities authorized by law, including audits, civil, administrative, or criminal investigations or proceedings, inspections, licensure or disciplinary actions, or other authorized activities.

**Law Enforcement:** Under certain circumstances, we may disclose medical information to law enforcement officials. These circumstances include reporting required by certain laws (such as the reporting of certain types of wounds), pursuant to certain subpoenas or court orders, reporting limited information concerning crimes at the request of law enforcement official, reporting death, crimes on our premises, and crimes in emergencies.

### **4. YOUR INDIVIDUAL RIGHTS**

#### **You Have A Right to:**

1. Look at or get copies of your medical information. You may request in that we provide copies in a format other than photocopies. We will use the form you request unless it is not practical for us to do so. You must make your request in writing. You may get the form to request access by using the contact information listed at the end of this notice. If you request copies we will charge you \$2.00 for each page, and postage if you want the copies mailed to you. Contact us using the information listed on the end of this notice for a full explanation of our fee structure.
2. Receive a list of all the times or our business associates shared your medical information for purposes other than treatment, payment, or health care operations and other specified exceptions.
3. Request that we place additional restrictions on our use or disclosure of your medical information. We are not required to agree to these additional restrictions, but if we do, we will abide by our agreement (except in cases of emergency).
4. Request that we communicate with you about your medical information by different means or to different locations. Your request that we communicate with you about your medical information by different means or to different locations must be made in writing to the contact person listed at the end of this notice.
5. Request that we change your medical information. We may deny your request if we did not create the information you want changed or for certain other reasons. If we deny your request, we will provide you a written explanation. You may respond with a statement of disagreement that will be added to the information you wanted changed. If we accept your request to change information, we will make reasonable efforts to tell others, including people you name, of the change and to include the changes in any future sharing of that information.
6. If you have received this notice electronically, and wish to receive a paper copy, you have the right to obtain a paper copy by making a request in writing to the Privacy Officer at your office.

### **QUESTIONS AND COMPLAINTS**

If you have any questions about this notice, or if you think that we may have violated your privacy rights, please contact us. You may also submit a written complaint to the U.S. Department of Health and Human Services. We will provide you with the address to file your complain with the U.S. Department of Health and Human Services. We will not retaliate in any way if you choose to file a complaint.

## NOTICE OF PRIVACY PRACTICES

**Facility Directory:** Unless you notify us that you object, the following medical information about you will be placed in our facilities' directories: your name; your location in our facility; your condition described in general terms; your religious affiliation, if any. We may disclose this information to members of the clergy or, except for your religious affiliation, to others who contact us and ask for information about you by name.

**Notification:** Medical information to notify or help notify: a family member, your personal representative or another person responsible for your care. We will share information about your location, general condition, or death. If you are present, we will get your permission if possible before we share, or give you the opportunity to refuse permission. In case of emergency, and if you are not able to give or refuse permission, we will share only the health information that is directly necessary for your health care, according to our professional judgment. We will also use our professional judgment to make decisions in your best interest about allowing someone to pick up medicine, medical supplies, x-ray or medical information for you.

**Disaster Relief:** Medical information with public or private organization or person who can legally assist in disaster relief efforts.

**Fundraising:** We may provide medical information to one of our affiliated fundraising foundations to contact you for fundraising purposes. We will limit our use and sharing to information that describes you in general, not personal, terms and the dates of your health care. In any fundraising materials, we will provide you a description of how you may choose not to receive future fundraising communications.

**Research in Limited Circumstances:** Medical information for research purposes in limited circumstances where the research has been approved by a review board that has reviewed the research proposal and established protocols to ensure the privacy of medical information.

**Funeral Director, Coroner, Medical Examiner:** To help them carry out their duties, we may share the medical information of a person who has died with a coroner, medical examiner, funeral director, or an organ procurement organization.

**Specialized Government Functions:** Subject to certain requirements, we may disclose or use health information for military personnel and veterans, for national security and intelligence activities, for protective services for the President and others, for medical suitability determinations for the Department of State, for correctional institutions and other law enforcement custodial situations, and for government programs providing public benefits.

**Court Orders and Judicial and Administrative Proceedings:** We may disclose medical information in response to a court of administrative order, subpoena, discovery request, or other lawful process, under certain circumstances. Under limited circumstances, such as a court order, warrant, or grand jury subpoena, we may share your medical information with law enforcement officials. We may share limited information with a law enforcement official concerning the medical information of a suspect, fugitive, material witness, crime victim, or missing person. We may share medical information of an inmate or other person in lawful custody with a law enforcement official or correctional institution under certain circumstances.

**Public Health Activities:** As required by law, we may disclose your medical information to public health or legal authorities charged with preventing or controlling disease, injury or disability, including child abuse or neglect. We may also disclose your medical information to persons subject to jurisdiction of the Food and Drug Administration for purposes of reporting adverse events associated with product defects or problems, to enable product recalls, repairs or replacements, to track products, or to conduct activities required by the Food and Drug Administration. We may also, when we are authorized by law to do so, notify a person who may have been exposed to a communicable disease or otherwise be at risk of contracting or spreading a disease or condition.

**PRIVACY PRACTICES ACKNOWLEDGEMENT**

*Harmony Healing Center*

Laurel A. Brody, L.Ac.

9051 #D Mill Station Road Sebastopol, CA 95472 707-829-3658

**ACKNOWLEDGEMENT FORM**

I have received the Notice of Privacy Practices and I have been provided an opportunity to review it.

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_